



Alex Charles enjoys the Languedoc countryside around the spectacular Château de Puilaurens

'Let the train take the strain'

ALEX Charles, co-founder of the specialist property and tourism web company Crème de Languedoc, left London four years ago to live in the South of France but crosses the Channel regularly for business, preferring to travel by train.

"The benefits of the train far outweigh the other options," says Alex. "I can take as much baggage as I can carry and work in quiet, comfortable surroundings, watching the countryside flash past.

"The train is a much more pleasant environment, allowing me to stretch out or take a meal in uncrowded conditions, and is also the most environmentally friendly option."

With advance booking, Alex can get a return from London to the Languedoc from as little as £158 return. "Once you have added up the train fares to the airport or parking charges there is not much difference," he says. "Let the train take the strain."

■ Crème de Languedoc: www.creme-de-languedoc.com